

## Category: Transition and Grief Support

### Resource 1

#### Managing Transition – Discussion Guide

“Managing Transition” is a 30-minute presentation by leadership expert Pat Lencioni on how to lead people through change.

<https://vimeo.com/171578804>

Watch the video together (e.g., as parish leadership team, parish staff, etc) and start a conversation around the following questions:

1. How is your parish family experiencing the seven kinds of loss?  
(Turf, Attachments, Meaning, Control, Future, Identity, Structure)
  
2. How can you help the individuals in your parish family choose a response to the loss?  
(Restore, Replace, Redesign, Relinquish)
  
3. What “ending ceremonies” are needed to help people move forward into the new reality?
  
4. How can you communicate more effectively about the new reality using the 4 P’s? (Purpose, Picture, Plan, Part)
  
5. Where do you need to show greater care and concern for people struggling with the change?

## **Resource 2**

### **Best Practices for Communal Grieving Video Series**

<https://cppnebraska.org/journeyoffaith2/>